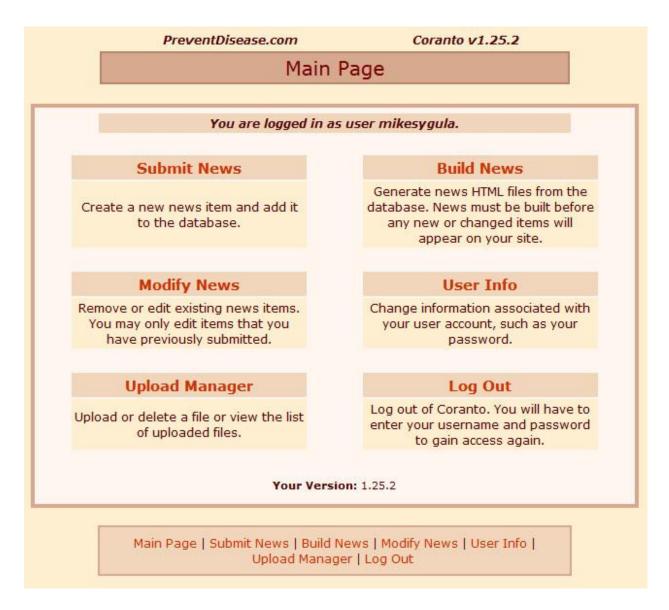
Posting Procedures For YouBlog Administrators

1. Log into the YouBlog Admin Page http://preventdisease.com/cgi-bin/cornews11/coranto.cgi to access the Main Page.



Submit News: Here you will access the submit news forms page where you will be able to post your content.

Build News: IS NOT necessary. The news will automatically be built once you submit your post.

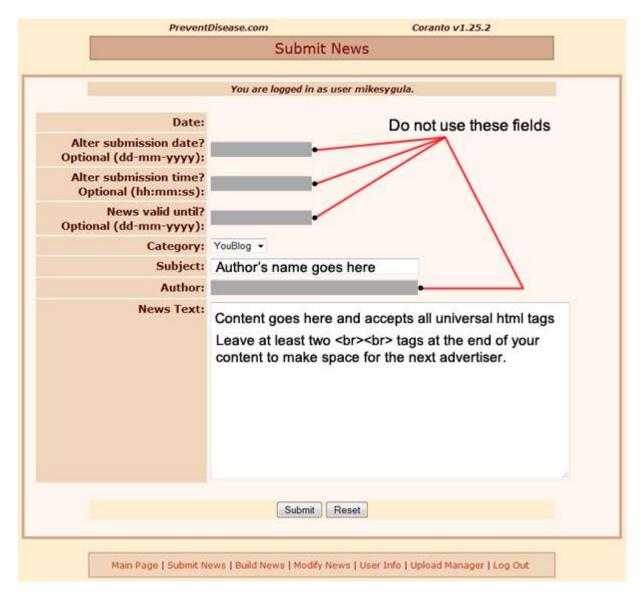
Modify News: If you've made errors or want to modify your content

User Info: If you want to change your credentials

Upload Manager: INACTIVE

Log Out: Exit the interface

2. Once you have select "Submit News" you will arrive at the page below. The only fields you need to worry about are Subject (which is actually Author) and News Text (which is your content)



After you've completed the form, click submit and the post will be live instantly. Please DO NOT use any of the other fields greyed out above (they won't be greyed out on the live page).

CONDITIONS OF USE

- Post only to your maximum post count per week according to your agreement.
- Post only basic html links only. **Attempting to link to scripts on PreventDisease.com or any other website will get you instantly banned from this interface.**
- Only links to your own website are permitted. Links to third party websites are prohibted.
- Do not exceed 500 words per post. Preferably an intro and link to the full article is more appropriate.
- Do not post links that promote other businesses
- Do not post any content relating to the promotion of drugs or drug therapy
- Do not post any content relating to supplements whose effectiveness is either unproven throughout research or scientific literature
- Do not post any content which is offensive to a specific population, gender, race or religion